

# The Boston Globe

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PHOTOS BY DAVID L RYAN/GLOBE STAFF



**DAY AT THE BEACH —** Above, Eric Sekyaya, 10, was at Carson Beach for a YMCA program, which offered free swim education training, fishing, aquatics, and paddle boarding. At left, the Boston Harbor Explorers Program at Carson Beach runs weekdays from 9:30 in the morning until 3:30 in the afternoon.