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## Lincoln's Farrington Nature Linc group visits Boston Harbor Islands



*Kids from Farrington Nature Linc in Lincoln set sail for the Boston Harbor Islands with Save the Harbor/Save the Bay. Courtesy Photo*

### LINCOLN

A group from the Farrington Nature Linc in Lincoln visited the Boston Harbor Islands National Park in July as part of Save the Harbor/Save the Bay's free All Access Boston Harbor program.

More than 5,000 youth and teens have taken part in the free program so far this summer, which brings area youth groups to Spectacle, Peddocks, and Georges Island for a day of environmental exploration and healthy outdoor activities, including fishing, crabbing, swimming and art on the shore.

All Access Boston Harbor trips begin at the Blue Hills Bank Pavilion, where groups learn the history of the Boston Harbor and the Boston Harbor cleanup from Save the Harbor's maritime historian David Coffin. The groups walk to the World Trade Center and board Bay State Cruise Company's Provincetown II for their trip.

On the island, they have a picnic lunch and head off to explore.

"The Boston Harbor Islands are important educational and recreational resources for youth development and community groups from across the city and around the region" said Bruce Berman, who serves as director of strategy, communications and programs for Save the Harbor/Save the Bay. "They are also a great place to spend a summer day."

On Spectacle Island, kids explore the shore, while looking for sea glass and historic artifacts at Treasure Beach. Save the Harbor's Harbor Educators teach kids to fish for flounder, skates and the occasional striped bass from the pier. There are miles of walking trails with views of the city, grassy areas for ball sports and a beach for swimming.

On Peddocks Island, youth and teens can visit the renovated chapel and new visitor center, explore historic Fort Andrews, play frisbee or soccer or swim.

On Georges Island, groups can explore the maze of passageways at Fort Warren, which was used for coastal defense during the Civil War, and maybe catch a glimpse of the Lady in Black. The parade ground is a space for sports and games, and the docks on this island are for fishing.

"At Save the Harbor/Save the Bay, we are particularly proud to serve as the Boston Harbor Connection for a generation of young people" said Save the Harbor/Save the Bay President Patricia Foley. "The best way we know to save the harbor is to share it with the public."